



2022 GRATITUDE REPORT

FROM THE BOARD OF DIRECTORS

At Foothills, 2022 was a year of growth and stabilization. We added a full-time forensic interviewer and family advocate and we focused on community trainings to help increase the number of children who have the opportunity to begin healing in Foothills' child-friendly space.

As part of our growth, Foothills' staff began facilitating the Nelson County Multidisciplinary Team.

And more big news: we are happy to report that Foothills has received reaccreditation from the National Children's Alliance with the site visitors singing our praises. Go team!

Foothills also branched out with new endeavors, including a pickleball tournament, open houses for elected officials, a trunk-or-treat, and a donor thank-you event.

I am proud of what we accomplished together in 2022 and believe that with your help, 2023 can be Foothills' best year ever! With a dedicated board and seasoned staff, we will continue to grow our services and support for our community's children.

Thank you for making it all possible.

Todd Cabell, *Chair*



IMPACT SNAPSHOT

261

Children forensically interviewed

551

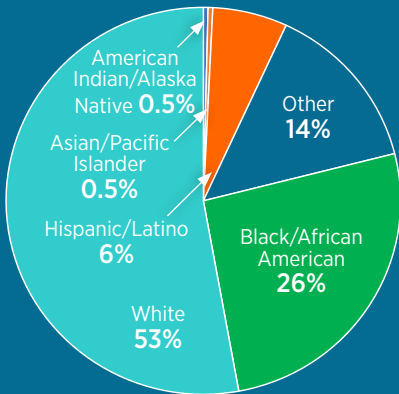
Adults participated in training on child abuse prevention and intervention

173

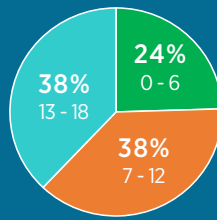
Non-offending caregivers assisted

DEMOGRAPHICS of children served

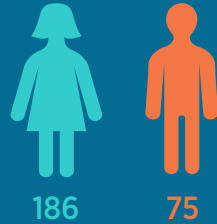
RACE/ETHNICITY



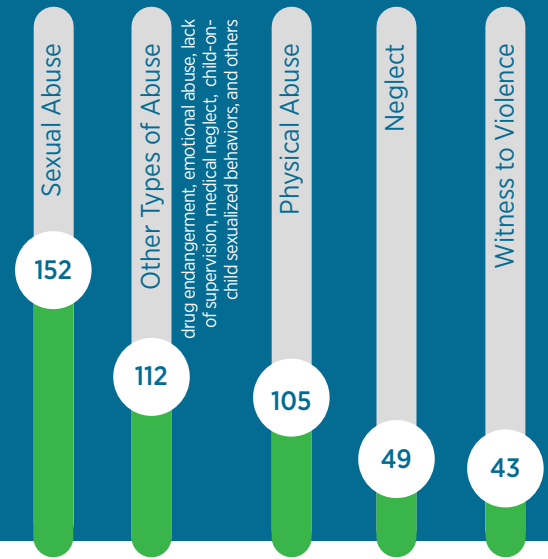
AGES



GENDER



The types of alleged abuse that children experienced, some with more than one type:



NEW STAFF MEMBER



Misty Barney joined the Foothills team in February as a Family Advocate and Forensic Interviewer. She completed the Child First Forensic Interviewer training in April. Up until December, she had conducted over 90 interviews with children at Foothills. Misty also facilitates the Nelson County Multidisciplinary Team meetings.

From a Grateful Caregiver

"Hannah offered me immediate reassurance I was doing the right thing for my child and provided us with therapy resources. She made counseling recommendations for my daughter who had been resistant to starting counseling until Cory gave her voice back through this process."

CHILD ABUSE PREVENTION MONTH: APRIL

Foothills partnered with Albemarle County and Charlottesville City Departments of Social Services and ReadyKids for Child Abuse Prevention Month activities. Students from the Renaissance School brought their creativity to the Downtown Mall wall and children from the YMCA planted pinwheels. Channel 29 covered the event with DSS, Community Attention Foster Families, ReadyKids, and Foothills' executive director, Cynthia Hurst, sharing information about child abuse prevention.

Virginia's Child Advocacy Center Executive Directors met for a two-day summit to coordinate services and attend trainings. The Directors then shared comments from children and caregivers whom their CAC teams had served on the Downtown Mall wall.

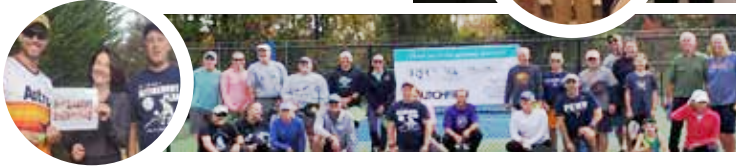
REACCREDITATION

In May, Foothills submitted all required documentation for National Children's Alliance reaccreditation. We hosted two site reviewers for a full day in November and they verbally shared very positive results with our executive director. Everyone celebrated after a lot of hard work by staff and board members, and our Multidisciplinary Team members.



EVENTS

In October, Foothills partnered with Greencroft Country Club for three events! We thanked our major donors with a small gathering.



Foothills' board member Dr. Mark Mendelsohn enthusiastically spearheaded our first Pickleball Tournament.

Children received candy and their parents received info on how to keep them safe at the Trunk-or-Treat!



(L to Right: Misty Barney, FCAC; Cynthia Hurst, FCAC; Lloyd Snook, Cville Mayor; Todd Cabell, FCAC board chair; Hannah Hoffman, FCAC)

Foothills held two open houses in December to thank elected officials for their support of our work helping children

who have experienced abuse. Local and state elected officials attended and learned more about Foothills' services from staff and board members.

COMMUNITY EDUCATION



Emily Taylor added to her skillset by becoming trained as a facilitator of *Stewards of Children*® training on child sexual abuse prevention. She conducted her first training at St. Marks Lutheran Church. Next she will be working with various departments at UVA Hospital to reach parents and others with this learning opportunity on how to keep kids in our community safe.

The Foothills team has also expanded the Stand Up For Kids training in conjunction with local CPS and Law Enforcement Departments, recently training 150 bus drivers in Albemarle County about mandated reporter requirements.



(Left to Right: Emily Taylor, FCAC; Cynthia Hurst, FCAC; Sally Hudson, State Delegate; Ernie Reed, Nelson Board of Supervisors; Cory Douglas, FCAC; Dr. Jennifer Andrews, FCAC; Lisa Brook, FCAC board; Back row: Dr. Mark Mendelsohn, FCAC board; Jane Tirrell, FCAC; Misty Barney, FCAC; Hannah Hoffman, FCAC)

STRATEGIC PLAN 2023-2025

The Foothills' Board of Directors and senior staff met in March to develop a three-year Strategic Plan.



GOAL 1

Ensure sustainable revenue to meet Foothills' current and anticipated resource needs

GOAL 2

Improve access to mental health services for Foothills clients

GOAL 3

Improve access to medical services for Foothills clients

GOAL 4

Increase services for forensic interviews, child abuse services and family advocacy

GOAL 5

Enhance community awareness through outreach and prevention programs

GOAL 6

Complete thorough needs assessment for Foothills office space

WE ARE GRATEFUL FOR OUR GENEROUS BUSINESS AND FOUNDATION SUPPORTERS

Anonymous Gifts
Caplin Foundation
Catalysis Fund
Charlottesville Friends Meeting,
Religious Society of Friends
Crutchfield Corporation
Eagle Corporation
Fry's Spring Station
Henningsen Kestner Architects, Inc.

MartinWren, P.C
Mitford Children's Foundation
Perry Foundation, Incorporated
R & J Nunley Fund
Rathburn Family Foundation
Robinson, Farmer, Cox Associates
The Thomas C. and Mary Ann Hays
Family Charitable Trust

The Whitney and Anne Stone
Foundation
The Williams Companies
Virginia National Bank
Wardle Family Foundation
Westminster Presbyterian Church
Wilkinson Wealth Management LLC
Woerpel & Company, LLC

*We couldn't do
it without you!*

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NEW BOARD MEMBERS



The Honorable Robert S. Brewbaker, Jr. (Ret.) joined the Foothills board of directors in December. After graduating from UVA Law School, Judge

Brewbaker worked for 27 years as a lawyer practicing civil law, 11 years as a full-time judge, and continues to serve as a substitute and designated judge. We are grateful to have his experience and his sense of humor.



Jenny Carter, MS, Director Strategic Workforce Planning at Sentara, joined the Foothills board in August. Ms. Carter previously worked in

the community college system and in the tourism industry. We are thrilled to have her human resources expertise to help guide us at Foothills.

Foothills Child Advocacy Center
1106 E High Street, Charlottesville, VA 22902
434-971-7233 • FoothillsCAC.org

Thank you for serving!
Former Board Members:
Melvin Wilson, Ph.D. and Lee Weitz, CFE