

Footprints

A Publication of Foothills Child Advocacy Center

November 2012



Foothills CAC is now located at:

**1106 East High Street
Charlottesville Virginia 22902
Phone: 434.971.7233**

Foothills CAC is Moving!

Foothills Child Advocacy Center is excited about moving to a new location at 1106 E. High Street. Expanding our services caused us to outgrow our co-located space at Children, Youth and Family Services. We hired a full time Case Manager in September and we have three UVA Psychology students interning about 20 hours a week. We are also in the process of hiring an Executive Director who will be heading up fundraising, marketing, and public relations. Thanks to the United Way, Foothills, in partnership with VCU Medical Center, will be hiring a Forensic Nurse to do forensic medical evaluations. Everyone is excited about the new services that we can now offer our clients.



Changes to Mandated Reporter Laws

- As of July 1, there are several new mandated reporter laws. Some of these changes include adding new professionals and citizens to the list of people who are mandated to report child abuse and neglect and an increase in the fine for failing to report. You can read a full list of these new changes [here](#)

- Foothills CAC in collaboration with Charlottesville and Albemarle Child Protective services is offering the Stand Up for Kids! training to the community about the importance and requirements of reporting child abuse and neglect. To schedule Stand Up for Kids! for your organization, please contact Jennifer Kline at foothillsjk@gmail.com

Foothills Welcomes Ashley Cinalli as Our New Case Manager!

- Foothills has added a new position of **Case Manager** to provide services to non-offending caregivers whose children are involved with FCAC. Because non-offending caregivers are the most important factor in whether children heal from abuse, this new position is aimed at supporting non-offending caregivers to be the most effective advocates they can for their child(ren).
- Non-offending caregivers will receive crisis intervention, psychoeducation, and risk & needs assessments during their children's appointments. For non-caretaker cases where there is no CPS worker assigned, the Case Manager will also work with the non-offending caregivers to create safety plans for their children. The Case Manager can make referrals and recommendations regarding services and attend or arrange treatment team meetings.
- Keep an eye out for new initiatives, including Evidence-Based Treatment Planning & Caregiver Protection Plans, to be rolled out in the coming months. Also, contact Ashley anytime with ideas or suggestions for how this position can best serve our clients and the MDT partner agencies.

Upcoming Trainings:

- Children's Advocacy Centers of Virginia and American Academy of Pediatrics, VA Chapter present
- Dr. Rich Kaplan:** December 7, 2012 -- Hilton Garden Inn Richmond Downtown -- \$85 (lunch included) -- More information and registration [here](#)

Dr. Rich Kaplan is a board-certified pediatric child abuse specialist at the University of Minnesota. First, as a social worker and now as a pediatrician, Rich has been working with child abuse victims for over 40 years. Most recently Dr. Kaplan has become board-certified in the new pediatric specialty: Child Abuse Pediatrics.

During this one-day training event, Dr. Kaplan will speak to both medical and non-medical personnel on The Role of the Medical Provider, Recognizing Abusive Injuries, Abusive Head Trauma, Fractures and Sexual Abuse.

- Applied Suicide Intervention Skills Training (A.S.I.S.T.):** Early 2013– various locations throughout Virginia – More information and registration [here](#).

The Virginia Department of Criminal Justice Services (DCJS), Virginia Center for School Safety in cooperation with the Virginia Department of Health (VDH) will offer three A.S.I.S.T. courses in early 2013. Just as “CPR” skills make physical first aid possible, A.S.I.S.T. teaches the skills used in suicide prevention first aid. It is a two-day practice-dominated course designed to help caregivers recognize risk for suicide, intervene to prevent immediate harm, and link persons at risk to the next level of care.

Foothills Participating in the First INVEST for Children Community-Based Learning Collaborative (CBLC)

Three Child Advocacy Centers (CAC) in Virginia are joining forces to bring evidence-based trauma treatment to children. Foothills CAC, along with two other Virginia Child Advocacy Centers and their affiliated professionals were selected to form a Trauma-focused Cognitive Behavioral Therapy (Tf-CBT) Learning Collaborative that is funded by a grant from National Children's Alliance. Research demonstrates that Tf-CBT is the most effective treatment intervention to help children recover from the negative effects of sexual abuse.

Ten people from the Charlottesville/Albemarle Multidisciplinary Team are participating in the Learning Collaborative. Therapists are learning the Tf-CBT model and Case Managers are being trained in evidence-based treatment planning and

how to screen families for Tf-CBT eligibility. The Learning Collaborative consists of two face-to-face training sessions in Norfolk and monthly conference calls. The Learning Collaborative model of training ensures that therapists and brokers work together to implement this approach and have regular access to experienced practitioners for input.

Foothills is very excited about this opportunity as this is something that we've been working on implementing in Charlottesville/Albemarle for the past five years. Now that therapists and brokers from the MDT are getting certified in Tf-CBT, our next challenge will be to help other therapists and Case Managers in the community understand the importance of evidence-based treatments for trauma victims.