



**FOOTHILLS CHILD ADVOCACY CENTER**

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**Media Packet available:** [foothillscac.org/event.html](http://foothillscac.org/event.html)

**Free FAMILY FUN DAY on April 30<sup>th</sup> hosted by Foothills Child Advocacy Center**

(CHARLOTTESVILLE) – Foothills Child Advocacy Center is celebrating ten years of service to child victims and their families by hosting a free Family Fun Day for the community on Saturday, April 30, from 11 a.m. to 3 p.m. at IX Art Park, 522 2nd St. SE.

Family Fun Day will provide a free-of-charge venue for families to learn more about the best ways to keep kids safe. This event also celebrates Foothills' 10th Anniversary and National Child Abuse Prevention Month.

The day will feature a Safety Tips Scavenger Hunt, where children and families complete a scavenger hunt and learn how to keep each other safe. Every child completing the hunt will receive a small gift and a coupon for three prize drawings throughout the afternoon.

Families will enjoy crafts and activity tables, as well as dance, exercise, and martial arts demonstrations. Baby Boot Camp will demonstrate parent and child exercises; Bend Yoga will demonstrate breathing and meditation exercises for children; Charlottesville Performing Arts will perform, and Laughing Dragon Kung Fu will perform a Dragon Dance, a Lion Dance, and give a Kung Fu demonstration.

Kids can practice their basketball shots at the Hoop Zone, enjoy the Foxboro Farm Petting Zoo from 11 a.m. to 1 p.m., and a Firetruck/Rescue Vehicle Touch from 1 p.m. to 3 p.m. The Charlottesville Fire Department will offer home exit drills and community helpers for Kindergarteners to 3rd graders. From 12 p.m. to 3 p.m., children can play with Builderbeast Art+ Design Build handmade wooden toys, blocks, and creatures or design with bright colors on their drawing wall.

City of Promise, Piedmont CASA, Ready Kids, the Sexual Assault Resource Agency (SARA) and Foothills Board of Directors, staff, and friends will host craft and activity tables. Leadership Charlottesville volunteers will help throughout the event.

Food trucks will be available to purchase a snack or lunch, including South Fork, Mobilee Delicious, and Sweet Tooth.

Major sponsors for the event include Pediatrics Associates and Leadership Charlottesville. Sponsors and volunteers are still needed.

Read more at <http://www.foothillscac.org/event.html>

### About Foothills

Foothills provides a coordinated system of effective response and intervention to children who have been victimized. The center’s goal is to minimize trauma, promote healing, and ensure child safety. Foothills sponsors free trainings including *Stewards of Children* and *Stand Up For Kids!*, a program which educates mandated reporters. For more information, please visit the center’s websites at [foothillscac.org](http://foothillscac.org) or [beaheroforkids.org](http://beaheroforkids.org) or call 434-971-7233.

<b>Family Fun Day Schedule</b>
<b>11 a.m. - 3 p.m.</b>
Safety Tips Scavenger Hunt
Craft and Activity Tables
Hoop Zone
<b>11 a.m. - 1 p.m.</b>
Foxboro Farm Traveling Petting Zoo
<b>1 p.m. - 3 p.m.</b>
Charlottesville Fire Department Fire Truck/Rescue Vehicle Touch, Home Exit Drills and Community Helpers for Kindergarteners to 3rd Graders.
<b>Demonstrations and Speakers</b>
<b>11:30 a.m.</b>
Bend Yoga
<b>12 p.m.</b>
Prize Drawing
<b>12:30 p.m.</b>
Baby Boot Camp
<b>1 p.m.</b>
Dr. Rob Trundle, Pediatric Associates, Awards and Prize Drawing
<b>1:30 p.m.</b>
Laughing Dragon Kung Fu Lion Dance, Dragon Dance, and Kung Fu Demonstration
<b>2:p.m.</b>
Prize Drawing
<b>2:30 p.m.</b>
Charlottesville Performing Arts

END.